



केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

CENTRAL BOARD OF SECONDARY EDUCATION

(An Autonomous Organisation Under the Ministry of Education, Govt. of India)



वशुधैव कुटुम्बकम्
ONE EARTH • ONE FAMILY • ONE FUTURE

संख्या.: के.मा.शि.बो./प्रशिक्षण एकक/2025

दिनांक: 22.01.2025

परिपत्र संख्या : TRG-03/2025

के.मा.शि.बो. से सम्बद्ध सभी विद्यालयों के प्रधानाचार्य/प्रमुख.

विषय : शिक्षा मंत्रालय, भारत सरकार के DoSEL द्वारा जारी ToFEI मैनुअल के कार्यान्वयन संबंधी।

युवाओं को तंबाकू की लत और किसी भी अन्य मादक द्रव्यों के सेवन से रोकथाम के लिए कदम उठाना हमारी सामूहिक जिम्मेदारी है। राष्ट्रीय तंबाकू नियंत्रण कार्यक्रम (एनटीसीपी) कार्यक्रम के अनुसरण में, स्वास्थ्य एवं परिवार कल्याण मंत्रालय, भारत सरकार ने नाबालिगों और युवाओं को तंबाकू के सेवन से बचाने के लिए तंबाकू मुक्त शैक्षणिक संस्थान (ToFEI) दिशा-निर्देश जारी किए थे। शिक्षा मंत्रालय, भारत सरकार ने वाइटल स्ट्रैटेजीज और सोशियो इकोनॉमिक एंड एजुकेशनल डेवलपमेंट सोसाइटी (SEEDS) के तकनीकी सहयोग से "ToFEI कार्यान्वयन मैनुअल" विकसित किया है। इसका उद्देश्य शैक्षणिक संस्थानों को ToFEI दिशा-निर्देशों का अनुपालन कराना और तंबाकू मुक्त बनाना है।

के.मा.शि.बो. से संबद्ध विद्यालयों से अनुरोध है कि वे अपने विद्यालयों/शैक्षणिक संस्थानों में ToFEI कार्यान्वयन मैनुअल (नीचे दिए गए लिंक पर उपलब्ध) को लागू करें:

https://dsel.education.gov.in/sites/default/files/update/im_tofel.pdf

इस विषय पर सभी हितधारकों को जागरूक करने के लिए के.मा.शि.बो. जल्द ही एक वेबिनार का आयोजन भी करेगा।

(मनोज कुमार श्रीवास्तव)
निदेशक (प्रशिक्षण)



‘शिक्षा केंद्र’, 2 सामुदायिक केंद्र, प्रीत विहार, दिल्ली-110092
‘Shiksha Kendra’, 2, Community Centre, Preet Vihar, Delhi – 110092





केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

CENTRAL BOARD OF SECONDARY EDUCATION

(An Autonomous Organisation Under the Ministry of Education, Govt. of India)



वशुधेव कुटुम्बकम्
ONE EARTH • ONE FAMILY • ONE FUTURE

No.: CBSE/Training Unit/2025

Date: 22.01.2025

Circular No. TRG- 03/2025

All the Principals/Heads of Schools affiliated to CBSE.

Subject: Implementation of ToFEI Manual released by DoSEL, Ministry of Education, Govt. of India.

It is our collective responsibility to take preventive steps to protect our youth from the clutches of tobacco addiction and any other substance abuse. In pursuance of National Tobacco Control Programme (NTCP), the Ministry of Health & Family Welfare, Government of India had released the Tobacco Free Educational Institutions (ToFEI) Guidelines for safeguarding minors and youth from tobacco use. The Ministry of Education, Govt. of India has developed a "ToFEI Implementation Manual" with technical support from Vital Strategies and Socio Economic and Educational Development Society (SEEDS). The objective is to make educational institutions comply with the ToFEI guidelines and become tobacco free.

Schools affiliated with the CBSE are requested to follow the ToFEI Implementation Manual (available on link given below) in their Schools/Educational Institutions:

https://dsel.education.gov.in/sites/default/files/update/im_tofel.pdf

CBSE will soon be organising a webinar on this to sensitise all stakeholders.

(Manoj K. Srivastava)
Director (Training)



‘शिक्षा केंद्र’ ,2 सामुदायिक केंद्र, प्रीत विहार, दिल्ली-110092
‘Shiksha Kendra’, 2, Community Centre, Preet Vihar, Delhi – 110092





केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)



CENTRAL BOARD OF SECONDARY EDUCATION

(An Autonomous Organisation Under the Ministry of Education, Govt. of India)

वसुधैव कुटुम्बकम्
ONE EARTH • ONE FAMILY • ONE FUTURE

Copy to the respective Heads of Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18, Institutional Area, Shaheed Jeet Singh Marg, Delhi – 110016.
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida – 201309.
3. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi -110054.
4. The Secretary, Eklavya Model Residential Schools (EMRS), Ministry of Tribal Affairs, Government of India.
5. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh -160017.
6. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim – 737101.
7. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar – 791111.
8. The Director of Education, Govt. of Andaman & Nicobar Islands, Port Blair – 744101.
9. Director, School Education, Ladakh, Council Secretariat Kurbathang, Kargil, Ladakh.
10. The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sector 3, Rohini.
11. The Secretary, Sainik Schools Society, Room No.101, D-1 Wing, Sena Bhawan, New Delhi-110001.
12. The Additional Director General of Army Education, A – Wing, Sena Bhawan, DHQ, PO, New Delhi -110001.
13. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, ShankarVihar (Near APS), Delhi Cantt – 110010.
14. The Chairperson, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Near Doordarshan Kendra, PO Sainik SchoolNayapalli, Bhubaneswar, Odisha-751005.
15. Director, School Education, Vijayawada, Andhra Pradesh.
16. The Deputy Secretary to Chairperson, CBSE - for kind information of the Chairperson, CBSE.
17. All the Heads of Department of the Board.
18. Director, (Media & Public Relations), CBSE with a request for proper publicity.
19. All the Regional Directors/Regional Officers/Head-COEs, ACCPD- Rae Bareli, CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions for compliance.
20. DoSEL, Ministry of Education, Government of India.



‘शिक्षा केंद्र’, 2 सामुदायिक केंद्र, प्रीत विहार, दिल्ली-110092
‘Shiksha Kendra’, 2, Community Centre, Preet Vihar, Delhi – 110092

